

Medical Student Case Report Template

Title:

A short, clear description of the case.

History

1) Presenting Complaint:

State the reason the patient sought medical attention.

Patient age, sex and hand dominance

Main symptom and duration of main symptom

2) History of Presenting Complaint

When did the symptoms start?

How did they develop or progress?

What makes the symptoms worse?

What relieves the symptoms?

Are there associated symptoms?

Has the patient had any previous treatment or investigations?

3) Past Medical History

List relevant previous illnesses, operations, or injuries, with dates for each

4) Drug History

Current medications

Drug allergies

5) Systematic Enquiry

Relevant symptoms from other systems. Include only positive findings:

General: Weight loss; Fever; Night sweats; Fatigue

Cardiovascular: Chest pain; Palpitations; Shortness of breath on exertion; Ankle swelling

Respiratory: Cough; Shortness of breath; Wheeze; Haemoptysis

Gastrointestinal: Abdominal pain; Change in bowel habit; Nausea or vomiting; Loss of appetite

Neurological: Weakness; Sensory change; Paraesthesia; Coordination problems

Musculoskeletal: Joint pain/ stiffness/ swelling

Endocrine / Metabolic: Symptoms of diabetes; Heat or cold intolerance; Weight change

6) Family History

Relevant medical conditions in close relatives.

Children

7) Social History

Occupation, living arrangements (who is at home). Smoking and alcohol intake

Relevant activities and hobbies

Examination findings

General Presentation

Overall appearance of the patient.

Local Examination

Inspection; Swelling; Deformity; Scars; Skin changes; Palpation; Tenderness; Masses

Movement

Active range of motion; Passive range of motion

Function, Strength, Dexterity

Systemic Examination

Pulse, blood pressure, temperature. Chest examination and heart sounds.

Abdominal examination

Special Tests

Condition specific tests

Investigations

Radiology; Blood tests; Nerve conduction studies

Diagnosis and Management

Correct diagnosis and explanation. Outline of surgical or conservative management and rationale for the chosen treatment.

Evidence based discussion

Summarise 2–3 relevant scientific papers or clinical guidelines. Explain how the evidence supports or contrasts with the management. Include brief critical appraisal and relevance to the case.

Complications and risk factors

Discuss anticipated or observed complications and how these were addressed or could have been prevented.

Key reflection and learning points

Reflect on what was learned from the case and how this may influence future clinical practice. Include consideration of the patient's experience or communication challenges.